

ILS ATHLETIC STAFF

Principal	Sr. Kim Keraitis, FMA	principal@ilsroyals.com
Dean of Students	Colette Varese	cvarese@ilsroyals.com
Athletic Director	Nicholas Fernandez	Nfernandez@ilsroyals.com
Asst. Athletic Director	Anthony Vuono	AVuono@ilsroyals.com
Asst. Athletic Director	Derrick de La Grana	Ddelagrana@ilsroyals.com
Athletic Trainer	Eddie Cerdeiras	eddie.cerdeiras@ilsroyals.com
Athletic Trainer	Camille Wilkerson	Cwilkerson@ilsroyals.com

ILS Head Coaching Staff

Strength & Conditioning	Nathan Gomez	ngomez@ilsroyals.com
Head Football	Helder Valle	Hvalle@ilsroyals.com
Head Boys/Girls Golf	James Rydborn	jrydborn@ilsroyals.com
Head Swimming	Aimee Cerdeiras	aimee.cerdeiras@ilsroyals.com
Head Girls/Boys Volleyball	Luis "Danny" Saladrigas	saladrigasl@gmail.com
Head Cheerleading	Coral Buxeda	coralbuxeda@gmail.com
Head Cross Country	Eddie Cerdeiras	eddie.cerdeiras@ilsroyals.com
Head Girls Basketball	Danny Arguello	Darguello@ilsroyals.com
Head Boys Basketball	Derrick de la Grana	ddelagrana@ilsroyals.com
Head Girls Soccer	Anthony Vuono	avuono@ilsroyals.com
Head Boys Soccer	Richard Jobson	rjobson@ilsroyals.com
Head Baseball	Nathan Gomez	ngomez@ilsroyals.com
Head Softball	Dan Montessi	dan.montesi@yahoo.com
Head Sailing	Lior Lavie	llavie@ilsroyals.com
Head Tennis	James Rydborn	jrydborn@ilsroyals.com
Head Track	Aimee Cerdeiras	aimee.cerdeiras@ilsroyals.com
Head Dance Coach	Esther Pazos	Epazos@ilsroyals.com
Dance Moderator	Dennise De Arce	ddearce@ilsroyals.com